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Will senators go down as stooges or musketeers?

Trio of Duffy, Wallin and Brazeau suspended **PAGE 10**

FORD FINDS THE WORDS

BUT NOT THE DOOR. TORONTO MAYOR VOWS TO REMAIN IN OFFICE AFTER EMOTIONAL CONFESSION **PAGE 6**



Church housing project shelved

Terwillegar Towne. Homeless project was vocally opposed by community residents

LUCY HAINES
edmonton@metronews.ca

A proposed residence for Edmonton's homeless on land adjacent to the Holy Trinity Riverbend Anglican Church has been shelved for good.

Describing the process as one of "miscommunication, lobbying and bullying," Jane Alexander, Bishop of Edmonton's Anglican Diocese, said the project has been tainted in the minds of the local community and has no chance of succeeding in its current form.

"We are committed to

using our property as part of our contribution to solving the problem of homelessness in Edmonton. We are actively seeking an appropriate project for this land that both the church and community can get behind," Alexander said in a statement Tuesday.

The Terwillegar Towne Homeowners Association (TTHOA), which recently approved a \$35,000 expenditure for legal fees to fight the project, said its membership is encouraged by the church's decision to use the land for a project other than the one that had been proposed in co-operation with the Anglican Diocese and the city's Homeward Trust and Jasper Place Health and Wellness.

"The TTHOA cares about issues of poverty and homelessness," said TTHOA Execu-

Getting it right

"I think this is an opportunity to do it again and do it right."

Coun. Bryan Anderson

tive Director Steve Grant. "We are willing to work together on potential alternative projects in the near or distant future."

Local Coun. Bryan Anderson welcomed the move and said it would help restart the project on a better footing.

"I think this is an opportunity to do it again and do it right," he said.

Anderson said the community simply wasn't consulted.

"There was literally zero involvement with the community at any level," he said.

announcing a "framework agreement," though the announcement is far from a ringing endorsement from Clark.

The two premiers have had an uneasy relationship since Clark outlined five conditions to win her support for the controversial pipeline, including a "fair share" of the project's economic benefits.

Clark says Redford has agreed to work through those five conditions, which also include measures to protect the environment and ensure First Nations are properly

consulted.

Earlier this year, Clark and Redford met in Kelowna and appeared to be willing to work together, declaring the two provinces as best friends and forming a working group to discuss economic issues.

Redford came to Vancouver today to speak at an event hosted by the Vancouver Board of Trade, and hours before, Clark's communications director said a planned meeting had been cancelled because the premiers had not made any progress.

THE CANADIAN PRESS



OILERS SNAP SKID IN OT

Ales Hemsky celebrates with Mark Arcobello after he scored the winning goal in overtime on Tuesday in Florida against the Panthers. The Oilers won 4-3. Story, page 26. J PAT CARTER/THE ASSOCIATED PRESS

Premiers Redford, Clark announce pipeline agreement

The premiers of British Columbia and Alberta have reached an agreement to work through B.C.'s conditions for the proposed Enbridge Northern Gateway pipeline.

B.C. Premier Christy Clark and Alberta Premier Alison Redford released a statement after meeting in Vancouver,

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North

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9624 165th Ave. NW
10642 82nd Ave. NW
12714 137th Ave. NW

South

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1934 38th Ave. NW
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Edmonton youth. Crystal meth use up

Youth groups and law enforcement are working together to try to curb a sharp increase in the number of crystal-meth addiction cases in Edmonton.

According to Alberta Health Services, through 2012-2013, the number of new AHS Addiction Services cases in the Edmonton area involving crystal meth use in youth aged 12 to 24 increased by approximately 21 per cent from the year prior.

Youth workers in the Strathcona area are seeing the prevalence of the drug firsthand.

"It's just the drug of choice right now because, as far as payment goes, it's the same as marijuana. They can purchase marijuana or they can get a longer high for the same amount of money," said Derick Smith, client navigator with Youth Empowerment and Support Services (YESS).

He says about 60 per cent of recent youth who have visited YESS have used the drug.

The number of new addiction cases involving crystal-meth use has grown substantially from 2009-2010, which had 342 new cases, compared to 486 new cases in 2012-2013, as reported by AHS.

Police who patrol Old Strathcona have also noticed an increase in the drug's use and are working with local groups like the Old Strathcona Youth Society to find a solution.

"Lately there has been an increase, and we have noticed it the past couple of months. It's quite a bit more prevalent," said Edmonton Police Service Sgt. Maurice Brodeur.

STEPHANIE DUBOIS/METRO

City loses parking meter cash to GST



Mayor Don Iveson METRO FILE

Edmonton's parking meters will be \$350,000 lighter next year, as the city will now have to submit GST to the federal government.

City spokesperson John Pater said the laws around GST used to exempt parking meters, but those rules have changed.

"It is federal legislation that we now have to submit GST on those meters," he said. "For every one dollar we collected at the meters, we need five cents to go to the feds."

The city budgeted for \$7.2 million in parking-meter revenue in 2013 but has scaled that number back because of the GST payments it will now have to make.

Mayor Don Iveson was surprised by the change and said it is disappointing that the federal government, which has most of the taxpayer money, will now be getting more.

"I guess the federal government needs more than two-thirds of our money. They need to tap into even

more of the limited resources cities work with," he said.

Iveson said parking-meter revenue is a small concern on a long list of issues he would like to see the federal government do more about when it comes to cities.

"There are bigger-picture issues in terms of where all of the money goes in this country and where it comes back to build key infrastructure, but to get nickel-and-dimed on top of that with parking-meter GST, that is a bit rich."

METRO

U of A college doesn't sit well with students

Leading the way.
University wants to inspire leadership among students

In numbers

144

Number of undergraduate students who will be accepted for the college

STEPHANIE DUBOIS

stephanie.dubois@metronews.ca

University of Alberta Students' Union reps are calling a plan to build a leadership college on campus "irresponsible" in light of recent budget cuts.

University administration is moving forward on a project to house the top 144 undergraduate students in a specialized leadership college.

As part of The Peter Lougheed Leadership Initiative, the college would provide an opportunity for students to further expand upon their learning, said school officials.

"We think (the initiative)

will have a huge impact on a large number of our students coming to the U of A who are interested in developing skills in the area of leadership, whatever faculty they're in, whatever program they're in," said Martin Ferguson-Pell, acting provost and vice-president academic.

Representatives of the students' union say leadership initiatives are great but that the college project isn't a wise decision at this time.

"To announce an exclusive 144-person leadership college, which will require millions of dollars to build, while there's current existing leadership programs on campus which



The Parkland Institute staff were told they will have to relocate because of a proposal to build the college at their office site. STEPHANIE DUBOIS/METRO

could benefit from leadership dollars, seems irresponsible," said Dustin Chelen, vice-president of academic with the students' union.

The leadership initiative is a joint project between the university and The Banff Centre, with hopes to ac-

quire funding primarily from donors or possible grants to fund the college.

Ferguson-Pell confirms there are no detailed plans or costs confirmed for the leadership college, but engagement with staff and the student body is underway.

1 NEWS

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(780) 492-1098 or (780) 492-6156

U of A campaign tackles sexual violence

Male accountability.
Experts will also
discuss gender issues

The University of Alberta Students' Union is hoping to make men more accountable for sexual violence through a new campus-wide campaign.

Called the Accountability Action Project, the campaign

aims at educating men by hosting discussions, workshops and inspiring conversations amongst men who might need guidance on the issue.

"I think there's a lot of awareness of what the issues are but I think where a lot of people get stuck is what they can personally do about it. That's why this project becomes really important because it becomes tangible,"

said Parker Leflar, Accountability Action Project coordinator.

The Accountability Action Project was launched Monday, the same day more than 100 men pledged at city hall to not use violence in their relationships. The university project discussions will deal with issues such as gender roles, masculinity, sexism, homophobia and preventing violence.

The project is a branch of the Gender Based Violence Prevention Project, which aims at addressing gender-based violence on campus.

"Typically we tend to focus on survivors of sexual violence who tend to be more women so the Accountability Action Project is just trying to create that space," said Melanie Lintott, Gender Based Violence Prevention Project coordinator. **STEPHANIE DUBOIS/METRO**



Melanie Lintott, Gender Based Violence Prevention Project co-ordinator, holds up the poster for the University of Alberta Students' Union's newest campaign aimed at informing men about sexual violence. **STEPHANIE DUBOIS/METRO**

Flood woes. Council takes small step forward on drainage problems

Homeowners on the south side, who have faced flooding in recent years, will get the first trickle of relief next year, but it will be some time before the issue is fully resolved.

City councillors moved forward with \$4.7 million in funding for design and consultation work, but that will only slightly speed up the estimated \$162 million fix.

Kathy Brower, a resident who has seen her home flood several times, thanked councillors for moving forward, but said she is still going to be worried until the work is done.

"It's not fast enough. Fast enough would be that by the time next July comes it's done," she said.

Mayor Don Iveson said council has the will to solve these problems, but stressed it



The 2012 storm left flooded basements and cars all over south Edmonton. **METRO**

won't happen overnight.

"There is absolutely a will around our table to address these long-term issues. I think what the citizens need to understand is it's not a small project," he said.

RYAN TUMILTY/METRO

Stabbing death

Charges laid in week-old killing

Edmonton police have laid charges after a 20-year-old man was found dead in southwest Edmonton last week.

An autopsy, conducted on Monday, determined that Harvey Rob Frenchman, 20, died from a stab wound and that his death was a homicide.

Police were called to a home near 57 Avenue and 172 Street around 1:20 a.m. on Nov. 1. When EMS workers arrived they pronounced Frenchman dead at the scene.

Harold Donald Papin, 23, has been charged with second-degree murder, possession of an offensive weapon and breach of recognizance.

METRO

Morning incident

Woman struck by her own vehicle in hit-and-run

An 81-year old woman was seriously injured after she was hit by her own car, which was stolen minutes before the incident Tuesday morning.

Police say they believe the senior was struck by her Nissan Sentra as the thief exited a north-side restaurant's drive-thru at 5:30 a.m. The woman approached the vehicle and was hit after a friend spotted her vehicle.

The car was found by police at 6:45 a.m. in the area of 66 Street and 135 Avenue but EPS were not able to locate the driver. The vehicle has been seized by police for forensic testing.

METRO

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Mondays to Thursdays	9:00 AM - 8:00 PM	East Edmonton Health Centre, 7910, 112 Avenue, Edmonton
Fridays & Saturdays	9:00 AM - 4:30 PM	
Mondays to Thursdays	9:00 AM - 8:00 PM	Mayfield Common, Unit A006, 268 Mayfield Common, Edmonton
Fridays & Saturdays	9:00 AM - 4:30 PM	
Mondays to Thursdays	9:00 AM - 8:00 PM	Millbourne Market Mall, 7609, 38 Avenue, Edmonton
Fridays & Saturdays	9:00 AM - 4:30 PM	
Mondays to Thursdays	9:00 AM - 8:00 PM	Northgate Health Centre, 2020, 9499 137 Avenue, Edmonton
Fridays & Saturdays	9:00 AM - 4:30 PM	
Mondays to Thursdays	9:00 AM - 8:00 PM	Riverbend Square, Unit G206, 596 Riverbend Square NW, Edmonton
Fridays & Saturdays	9:00 AM - 4:30 PM	
Wednesday, November 6 to Friday, November 8 *Clinic only available for these dates.	9:00 AM - 4:30 PM	Seventh Street Plaza, 10030 107 Street, Edmonton
Mondays to Thursdays	9:00 AM - 8:00 PM	Westmount Mall (Woodcroft Public Health Centre) #448 Westmount Centre, 111 Avenue & Groat Road, Edmonton
Fridays & Saturdays	9:00 AM - 4:30 PM	
Mondays to Thursdays	9:00 AM - 8:00 PM	Strathcona County Health Centre, 2 Brower Drive Sherwood Park
Fridays & Saturdays	9:00 AM - 4:30 PM	
Mondays to Thursdays	9:00 AM - 8:00 PM	Grandin Park Plaza Mall, 22 Sir Winston Churchill Avenue St. Albert
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Crack? Yes. Step back? No chance



Toronto Mayor Rob Ford speaks to the media following Tuesday's admission. Ford did not step down, saying city business must go on. RICK MADONIK/TORSTAR NEWS SERVICE

Confession. Councillors trying to strip Toronto mayor of powers as he refuses to leave office

The mayor of Canada's largest city vowed to remain in office Tuesday despite revealing he had smoked crack cocaine while in a "drunken stupor" — an admission that reversed months of firm denials.

"Yes! I've smoked crack cocaine!" said Mayor Rob Ford. "Am I an addict? No. Have I tried it? Probably in one of my drunken stupors."

The mayor of Toronto said he tried the drug about a year ago, while he was in office.

Ford has been under intense scrutiny since May, when

two media outlets reported on a video they said appeared to show the mayor smoking crack. Ford had defiantly denied he used the drug and suggested the video did not exist.

Hours after his surprise statement, a visibly troubled Ford made an emotional apology for his "mistakes" but said he had no plans to step aside.

"I was elected to do a job and that's exactly what I'm going to continue doing," he said. "I can't do anything else but apologize."

Ford said he kept his drug use from his family, staff and colleagues because he was "embarrassed and ashamed."

Ford again called for the video to be released so everyone could judge its contents.

"I don't even recall there being a tape or a video.... So I want

to see the state that I was in."

Ford's backtracking had many shaking their heads, but the mayor insisted he had been truthful.

"I wasn't lying," he told reporters. "You didn't ask the correct questions. No, I'm not an addict, and no, I do not do drugs."

Nonetheless, at city hall some who worked with Ford said his latest admission was a clear sign that he needed to step back and get help.

A member of Ford's executive committee said some councillors were bringing a motion against the mayor that could strip him of some of his powers. Municipal law makes no provision for his forced removal unless he's jailed for a criminal offence.

THE CANADIAN PRESS

Foreign press

U.S. chuckles at the drama

Rob Ford's shocking admission clashes with the image many foreigners have of Canada, a political expert said Tuesday as the news took the world media by storm.

"It either breaks the narrative of the uptight Canadians or it plays to another narrative they have of the very liberal Canadians," said Peter Graefe, a political-science professor at McMaster University.

Within moments of the

confession, it was splashed across major news websites abroad, including CNN and the BBC. Several U.S. networks carried the mayor's second news conference live.

The scandal has been a particular favourite with U.S. media, with some comparing the Ford affair to the case of former Washington, D.C., mayor Marion Barry, who was busted smoking crack cocaine by an FBI sting in 1990.

Ford has also been a recurring target for late-night talk shows. Even serious news outlets have taken

a more lighthearted tone, something Graefe attributes to distance.

"It's not news when it's in other cities.... It's comedy."

A story posted on the Washington Post's website highlighted the vastly different reactions stirred by the Ford and Barry scandals.

"It's a different world now than it was in 1990," Clinton Yates wrote in the piece.

"In those days, it was a reason to vilify a majority-black city for a drug epidemic that took countless lives." THE CANADIAN PRESS

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Tories not walking green talk: Audit

Conservative black thumb. Environment commissioner trashes underachieving Tory conservation record

A massive audit of federal conservation policies paints a picture of mismanagement

and neglect when it comes to Canada's natural heritage.

The study by Neil Maxwell, the commissioner of the environment and sustainable development, repeatedly points to a lack of strategies, plans and resources required to maintain or improve everything from basic biodiversity and species at risk to the national parks.

"I see a wide gap between

Too little action

"It's really up to the government to demonstrate they're serious."

Neil Maxwell, Canada's commissioner of the environment, about the "wide gap" his audit found between the government's goals and results on the environment file.

the government's commitments and the results

achieved," Maxwell says in the preface to the report.

At a news conference, he was more emphatic. "The most important thing is they have to demonstrate, given the track record is one of missed commitments — failing to act on past commitments, it's really up to the government to demonstrate they're serious in terms of taking action," Maxwell said.

The commissioner's talk-versus-action concern was graphically illustrated shortly after the audits were tabled Tuesday morning in the House of Commons, when Environment Minister Leona Aglukkaq issued a response that ignored the report's clear thrust.

The Conservative government has made a political virtue of creating new national

parks and protected wildlife areas, but the audits tabled in Parliament make the government rhetoric ring hollow.

At Canada's national parks, funding for "heritage resources conservation" — effectively the natural beauty of the parks — decreased by 15 per cent last year compared with the preceding six years.

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War wounds

Military missions making kids sick

The strain of two decades of overseas missions is hurting the children and spouses of Canadian Forces members, says an in-depth study by military ombudsman Pierre Daigle.

His latest report, released Tuesday, found the health and the grades of children suffer when their parents deploy to Afghanistan, Haiti or other trouble spots around the world.

THE CANADIAN PRESS

Good life is here

Canada top-tier in well-being list

Canada is among the world's top spots for individual well-being, according to a report by the Organization for Economic Co-operation and Development.

Australia, Sweden, Switzerland, Denmark, the U.S. and Norway also made the top category. The OECD says the countries in the top tier scored in the top 20 per cent in all 11 major categories assessed.

THE CANADIAN PRESS



'We are legion,' in Halifax, too

Dozens of people wearing Guy Fawkes masks marched in Halifax Tuesday to shed a light on issues like bullying, corruption, animal rights and sexual violence. The event was part of the world-wide Million Mask March of members of the hacktivist group Anonymous, which coincided with Guy Fawkes Day on Nov. 5. JEFF HARPER/METRO IN HALIFAX



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Over and out: Senate votes to suspend Duffy, Wallin, Brazeau

Expense scandal.

Drawn-out proceedings finally end with the trio losing pay, privileges for the duration of the parliamentary session

Mike Duffy, Pamela Wallin and Patrick Brazeau were cast Tuesday into political limbo — suspended by the Senate and reviled by their former Conservative colleagues, including the prime minister who appointed them.

All three have maintained they're the victims of a politically motivated witch hunt aimed at putting a lid on a Senate expenses scandal that has engulfed Stephen Harper's government for almost a year.

"I think it's an extremely sad day for democracy," Wallin said as she exited the Sen-



Patrick Brazeau, left, and Pamela Wallin are seen leaving the Senate Tuesday. Senators voted to suspend Wallin, Brazeau and Mike Duffy for allegedly claiming improper expenses. SEAN KILPATRICK/THE CANADIAN PRESS

ate chamber after the vote, her voice heavy with emotion.

"If we can't expect the rule of law in Canada, then where on earth can you expect it?"

Brazeau said nothing as he left the Senate. Duffy did not show up for the vote.

The trio retain the title of senator and their health, den-



tal and life insurance coverage, but get no pay and lose their Senate privileges and resources for the duration of the current parliamentary ses-

sion, which could continue for two years.

Harper's office expressed satisfaction with the suspensions, which followed weeks

of emotional, often explosive debate, punctuated by bombshell revelations from Duffy that directly implicated the Prime Minister's Office in the scandal.

"Removing these three senators from the public payroll was the right thing to do," the PMO said in a statement.

"They should not be collecting a public paycheck."

While the vote to suspend the trio marks the end of a protracted and politically damaging debate, the shock waves wrought by Duffy are still reverberating for Harper and his Conservative government.

The RCMP is investigating the three senators, as well as former Liberal senator Mac Harb, and the steady drip of revelations from police documents filed in court is sure to continue to keep the scandal front and centre.

THE CANADIAN PRESS

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Down by the bay. San Franciscans search for answers to barge mystery

San Francisco's mayor says he doesn't know what it is. Police say it's not their jurisdiction. And government inspectors are sworn to secrecy.

Google is erecting a four-storey structure in the heart of the San Francisco Bay but is managing to conceal its purpose by constructing it on docked barges instead of on land, where city building permits and public plans are mandatory. Construction became obvious a few weeks ago.

The Internet giant's actions at Treasure Island appear legal. But the mystery surrounding the bulky floating building — and a similar one off Portland, Maine — is generating rumours and worries.

Privacy experts, environmentalists and legal authorities say that whether it is a store to sell Google's Internet-connected glasses, a data-storage centre or something else, the secrecy may backfire because Silicon Valley residents are highly protective of one of the most scenic and environmentally sensitive bays in the U.S.

Worries

"We don't really want to see the bay used as a shopping mall. Unacceptable."

Deb Self, executive director of the environmental group Baykeeper, on rumours the barge-mounted structure is a store.

"At some point they're going to have to unveil what it is they're doing, and it will be sad if they have put a lot of money into something that is simply not allowable in the bay," said Deb Self, executive director of the environmental group Baykeeper.

Self said whether the barge-mounted structure is a store, as is widely rumoured, or a data centre powered by wave action, for which Google has a patent, there are going to be grave concerns.

If, when the project's ready, Google wants to sail it out the Golden Gate and into the Pacific Ocean, the tech giant won't ever need to explain what it's been up to. THE ASSOCIATED PRESS

Random biz fact of the day

250

250 CVs are received on average for each job position.

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JUSTIN SULLIVAN/GETTY IMAGES

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Douglas Coupland

Douglas Coupland's latest novel, *Worst. Person. Ever.*, is available from Random House Canada.

Day 3

metronews.ca/temp

Pick your battles

Migrant workers raise a little hell on a Prairie farm

It didn't last, but a group of temporary, foreign farm workers at a small Prairie town were the first in Canada to accept a collective agreement.

The 14 workers, who travelled from Mexico to Portage la Prairie, Man. every summer to work picking crops like onions and broccoli, voted to ratify a three-year collective agreement through the United Food and Commercial Workers in the summer of 2008.

But a Supreme Court of Canada ruling in 2011 quashed the right of migrant workers in Canada to collectively bargain with their employers.

METRO IN WINNIPEG

Wage gap

An hour of your time for \$5.44 less

So how do temps stack up to the rest of the work force when it comes to pay?

Well, there's a pretty stark difference.

Across Canada, temps earn, on average, \$19.58 per hour — \$5.44 less than permanent workers, according to Statistics Canada.

ANGELA MULLINS/METRO

Temp Enjoys Thursday Meal Special at Mister McFunbury's

Rarely have I ever felt so much like Sigourney Weaver at the end of an Alien movie. Around me nothing but casualties and disaster while I, Shannon the survivor, exit the doomed mothership to hop into a taxi to go on my glamorous date with a high-flying Asian businessman.

"Where to, Miss?"

"Mister McFunbury's."

"The one where they had the hostage taking last September?"

"No, the one by the off-ramp that takes you to the oil refineries."

"Right."

Mr. Xu (pronounced Mr. Shoe) was standing by the cigarette machine as I was told he would be. He wasn't hot, but he wasn't unhot, either — that's an important distinction. He was my age — late twenties, kind of Banana Republic, and he was quite relaxed given the clattering of walkers stemming from "It's A Senior's Shrimpy Thursday!"

"I'm Shannon."

"I am Mr. Xu."

"Let's grab our seats."

We sat down, and my first instinct was to figure out Mr. Xu's language capacity. "How long

have you been in the city?"

"Two very glorious nights."

"I'm glad they've been glorious. Is your hotel OK?"

"Most gracious hotel. Thank you."

Oh dear. I was going to be sitting with a fortune cookie all night. Well, OK. "Why don't we get into the McFunbury's spirit, Mr. Xu?"

"That would be most excellent."

I'm not totally proud of myself, but I went right for the booze — we hadn't even ordered food and I was trashing

I'm not totally proud of myself, but I went right for the booze — we hadn't even ordered food and I was trashing the three Sarahs.

the three Sarahs. "My issue with Sarah No.1, Mr. Xu, is that on the first anniversary of Whitney Houston's death she Facebooked: "One year later, heaven took an angel from Earth too soon."

"Most unfortunate."

"I'll say. And my issue with Sarah No. 2 is that at a Friday staff lunch she suggested "we girls" go off on our own and have a "cuddle puddle" to discuss things "the boys just wouldn't understand."

"So sorry."

"And my issue with Sarah No. 3 — killer martinis, by the way — is that she insists on microwaving popcorn with that nauseating fake butter smell. She says, 'Well I think it smells like fun. If you don't like fun then I feel sorry for you.'"

"Most ungracious."

I stared at the laminated menu. "What do you think you'll order, Mr. Xu?"

He then looked at me and said,

DAY 3

metr

TEMP

an exclusive 20-day fiction story by Douglas Coupland



Random fact of the day

How cute is this?

- Sea otters hold hands when they sleep and eat in order to keep from drifting apart.

SOURCE: DAILYMAIL.CO.UK



"Well, I'm not feeling very surf-and-turfy — you know, it's a mood that you're either in, or you're not. And I kind of carbo-loaded at lunch — doing a half marathon in three weeks — so I guess I'll get a clubhouse with McFunbury Sauce on the side. You?"

"You, Mr. Xu, are a total dick."

"Let us both have one more most glorious martini. Clean or dirty?"

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GIVE HUGS NOT DRUGS, ER, NOT

They're at it again.

"They" of course, are those faceless, officious minions of Politically Correct Behaviour who are ruining all the fun.

Just when you think They can't get any more faceless or officious, They pull something like a ban on touching for little kids, with consequences for those five-year-olds who dare to hold hands.

Yes, you read that right. Kindergarten kids at Coghlan Fundamental School in a Vancouver suburb were told on Friday they couldn't touch each other, no way, no how.

No holding hands, hugging, pushing each other on the swing, playing tag or doing anything that involves contact.

And if you don't think They are serious, They sent this sternly-worded memo to parents:

"We will have a zero-tolerance policy with regards to



JUST SAYIN'
Paul Sullivan
metronews.ca

hands-on play, resulting in the missing of playtime and trips to the office for those who are unable to follow the rules."

"OK," says the principal to the kid, "what are you doing in my office?"

"I hugged Madison."

"That's pretty serious. That sort of thing could lead to tag or even, gasp, an outbreak of holding hands. No recess for you!"

Why? Why? Glad you asked. Because this kind of stuff (touching) is allegedly dangerous and has caused some injuries, maybe. No specifics because there is nothing real that could ever justify such a ridiculous ban.

They can't help themselves. A couple of years ago, a Toronto school banned all balls: soccer balls, basketballs, baseballs, footballs, volleyballs, everything except those foam Nerf balls. Try playing basketball with a Nerf ball.

The idea behind this nonsense appears to be: "Yeah, it's all fun until someone gets hurt." And, to be honest: "We realize this looks completely nuts but our lawyers told us to do it, and we do everything They tell us to do."

But really, can They ever go far enough? Sure, a ban on touching will discourage physical harm, but what about the mental anguish of my five-year-old? Sticks and stones will break my bones, but names will cause me to complain to the Human Rights Commission. Better issue a ban on talking.

What about breathing? Breathing causes the intake of particulate matter that can lead, later in life, to Chronic Obstructive Pulmonary Disease. Better ban breathing.

Seriously, this is evidence of a massive failure of nerve at the adult level. Either that or there's a growing reluctance to kiss the boo-boo or wipe away the tears, at least without wearing rubber gloves. It's much easier to put the little gaffers in a hermetically-sealed bubble and get back to the serious business of contract negotiations. Now about that sick leave...

ZOOM

Are these up close or far away?



Answers, clockwise from top left corner: micro: wing of a Green Darner dragonfly; macro: desert region of Arabian Peninsula; micro: surface of a rotted human tooth; macro: dune patterns in the Erg Oriental, Algeria. PHOTOS COURTESY STEPHEN YOUNG AND PAUL KELLY

Photos test our perception of size

These pictures test our ability to tell apart the microscopic and macroscopic worlds.

Geographer Stephen Young and biologist Paul Kelly of Salem State University collected more than 50 such images for a joint exhibition at Salem and at Clark University in Worcester, Mass. **METRO**

Q and A

What an expert says

STEPHEN YOUNG
Professor of Geography, Salem State University, Mass.

How can I guess which is small or large-scale?
Age and education level do

not seem to decide if people will get it right. School kids have been doing as well as college students and the general public. Professionals who have used electron microscopes or satellite imagery tend to do better, but even they misidentify some as well.

Best aspect of the project?
There is something deeply intriguing about trying to figure out at what scale the image is and then to be so surprised when it is the opposite. To think something is a millimetre and to find out that it is 1,000 kilometres is quite surprising.

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

There's no shortage of apps and services that will allow you to stream music to your mobile device, but none get more use on my iPhone than SoundCloud. It's free, the selection is endless and just letting it play is the safest path to discovering something new. Try these accounts for great electronic music.



CONTRIBUTED

DFA Records:

Easily the reigning champ of the disco renaissance we've been hooked on for the past few years, the home of James Murphy and LCD Soundsystem also happens to be extremely generous with keeping their feed updated with new tracks.
(soundcloud.com/dfa-records)

Future Classic:

Just as danceable as DFA's output, but with occasional forays into beachside guitar pop and bittersweet ballads. There are already

hundreds of songs posted for you to work your way through. Get ready to favourite a chunk of them.
(soundcloud.com/futureclassic)

Ninja Tune:

The London-based label is among your best bets for when you're in the mood for something a little on the strange side. It's cool, though. There's nothing threateningly interesting. Just endless creative restlessness.
(soundcloud.com/ninja-tune)

Twitter

@metropicks asked: So now Rob Ford has admitted smoking crack, tell Metro what you've done #inoneofmydrunkenstupors

@necksbest: I may have listened to Justin Bieber #InOneOfMyDrunkenStupors. But I don't follow him and I'm not an addict

@jmmelanson: ran for mayor of Toronto and won accidentally #InOneOfMyDrunkenStupors

@jdubs12: #InOneOfMyDrunkenStupors I drank some coke, a cola.

@katangus: #InOneOfMyDrunkenStupors I ordered both the paperback and Kindle editions of 50 Shades of Grey.

@JGregRandall: I was in Seattle last year and did not visit the Space Needle. What was I thinking? #drunkenstupor

Follow @metropicks and take part in our daily poll.

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2 SCENE

It's no Baby Sitter's Club, but Thor will do, I guess

Natalie Portman.

The star talks about her obsession with a certain book series and working with legend Anthony Hopkins

RICHARD CROUSE

scene@metronews.ca

Despite starring in two movies based on a Marvel hero Natalie Portman says, "I've never gotten into comic books."

This weekend she reprises the role of Jane Foster, scientist and love interest to the God of Thunder in *Thor: The Dark World*.

Portman may not have spent time reading comics but she can understand the obsession fans have with Thor's characters because she was once a fan girl herself.

"The one thing I ever got into, like, that is really dorky," she says, "until I was 12 or 13 I was obsessed with the *Babysitter's Club*, a series of books for girls. There was a new book every month and the day the book would come out I had to go to the bookstore and get it and read it on the way home."

"The writer's name was Ann M. Martin and my friends and I would look in the phone book and call every Ann Martin trying to get her."

"One time she came to our bookstore and did a signing. The week before I wrote a packet about what her next



Natalie Portman stars in *Thor: The Dark World*, which opens this weekend.
ALL PHOTOS CONTRIBUTED

book should be about, with drawings, and I waited in line for three hours and gave it to her and she was like, 'OK weirdo.'"

Playing heroine Jane Foster is miles away from her Academy Award winning role in the dark psychological drama *Black Swan*.

Portman admits she "never thought I'd get the chance" to act in a superhero movie, "which is why whenever they ask I say yes."

Also appealing is the chance to work with Anthony

Hopkins, who she describes as "a giant among actors."

She shares several scenes with the veteran actor and says she was "completely intimidated" by him.

"I kept messing up lines around him because I was so nervous but he was so sweet about it. He'd say, 'That's a really hard line to say.'"

Many of her scenes with Hopkins take place on Asgard, the celestial planetoid home to Thor and his family, which raises the question, does Portman believe there is

Analysis

What's behind the hammer?



IN FOCUS
Richard Crouse
scene@metronews.ca

It's hammer time at the movies this weekend.

Thor: The Dark World opens in theatres, bringing with it Chris Hemsworth as the sledgehammer wielding superhero with his rippling muscles, crazy mythology and Dark Elves.

The Marvel comic series borrowed the character from Norse mythology, co-opting the God Of Thunder's most famous weapon, the Mjölner. In myth the name translates to "that which smashes," and refers to his hammer, a fearsome club capable of levelling mountains, causing lightning flashes and boomeranging back when he throws it.

"The power within

Mjölner," he says, "doth rage like the winter storms bursting upon the shore in furious assault!"

According to Nordic legend the mallet was forged by dwarven brothers Sindri and Brokkr but Marvel embroidered the lore, adding to the story the fictional Asgardian metal uru as the main component of the basher and an inscription that reads, "Whosoever holds this hammer, if he be worthy, shall possess the power of Thor."

The image of Thor flying through the air, propelled by Mjölner, is the iconic picture from the comics and movies, but not from mythology.

According to legend, Thor's preferred mode of transport was a chariot drawn by two 1,700-pound warrior goats named Toothgnasher and Toothgrinder.

Thor: the man, the myth, the legend.



life on other planets?

"That question makes me think of another movie. In *Antz* all the insects are around a campfire," she says, laughing, "and they say, 'Do you think there's something

bigger than us out there?'"

"It totally feels like that. Of course there has to be something else out there. I don't know what it is but it would be completely silly to think that we're 'it.'"

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Maybe it's because the indignities suffered by unpaid college students and post-grads provides sexier fodder, but Hollywood is much more enamoured with interns than temps. The spotlight hasn't completely eluded temporary workers, although sunny movies about short-term desk jockeys are in short supply. Temp flicks tend to go dark.

MIKE DOJC/FOR METRO

4

Temps on film



Clockwatchers

Clockwatchers casts an incisive eye on the everyday travails faced by short-term jobbers (Toni Collette, Parker Posey and Lisa Kudrow) from nobody knowing your name to dealing with maladroitness managers, and being shunned in the cafeteria by permanent co-workers.

Lasting Effect: This office-culture classic set the bar for future films about mind-numbing drudgery, patronizing bosses, and grand theft office supplies.



The Temp

When a cookie company exec's admin assistant takes a leave of absence, the temp who fills in (Lara Flynn Boyle) appears to be a miracle worker. But alas, this is a thriller — so she could possibly be a psycho. That means there's a mounting body count and a twist at the end as tends to be the prerogative of early '90s flicks in the Basic Instinct mould. **Lasting Effect:** Lara Flynn Boyle's bad girl cred remains intact. She recently played the evil witch in Hansel & Gretel Get Baked.



Office Space

This cubicle comedy about working stiff driven to the edge by their Kafka-esque work environment is a Gen X fave. Office Space may not ostensibly be about temping but it's worthy of inclusion. The inspiration for this classic was a soul-sucking temp job director Mike Judge had in which he was tasked with alphabetizing purchase orders. **Lasting Effect:** Spurred by rabid Office Space fans, Swingline debuted their Rio Red stapler, still a hot seller.



In the Company of Men

In order to get revenge on womankind two middle managers (Aaron Eckhart and Matt Malloy) conspire to emotionally destroy a deaf temp. They make a pact to make her fall in love with each of them and then break her heart. **Lasting Effect:** Neil LaBute's filmmaking career achieved liftoff after this adaptation of his play. Critics salivated over this envelope pusher and kept on drooling until he remade The Wicker Man.



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Journalist Dan Rather, shown in this 2011 file photo, was an essential part of CBS' coverage of President John F. Kennedy's assassination in 1963. But this year, on the 50th anniversary of the event, he'll be appearing on NBC.

THE ASSOCIATED PRESS

JFK coverage shows bad blood lingers between CBS, Rather

Nov. 22. Former anchor was key to network's assassination coverage, but he's been left out of 50th anniversary

The 50th-anniversary coverage of the Kennedy assassination on CBS News won't include the recollections of its longtime anchor Dan Rather, further proof of the lingering bitterness following Rather's messy exit and subsequent lawsuit against the network.

Rather helped organize CBS' plans for President John F. Kennedy's visit to Dallas on Nov. 22, 1963, and as a young reporter was a key component of assassination coverage.

Now 82, with his own show on AXS-TV, he's one of the few reporters on the story that day who's still active in journalism.

Rather, who later became CBS News' top anchor for 24

years, will appear on NBC's Today show on Nov. 22 this year.

"I held off doing anything for anybody else for a while, thinking I may be asked to do something (for CBS)," Rather said. "I can't say I had any reason for that hope."

Rather worked at CBS News for 44 years. His downfall came as a result of a 2004 story about President George W. Bush's military service. Under criticism, the network concluded the story couldn't be substantiated, but Rather has stood behind it.

His tenure as anchor ended six months later and he left CBS in 2006, eventually filing a \$70-million US lawsuit against his old employers that was thrown out in 2010 by New York's highest court.

CBS News said it wouldn't comment on Rather. CBS Washington bureau chief Bob Schieffer, who as a newspaper reporter in 1963 gave the mother of Lee Harvey Oswald a ride to Dallas after the assassination, will

Nov. 22, 1963

- As a young New Orleans bureau chief for CBS in November 1963, Rather had a mundane assignment in Dallas.
- He had arranged locations along the presidential motorcade route for film of the visit to be picked up and transmitted to CBS' New York headquarters. He had no on-air assignment.
- He sprang into action when it became clear something

had gone terribly wrong.

- Rather described in his 1977 book, *The Camera Never Blinks*, that CBS radio went with his report that Kennedy was dead — based not on official confirmation but his phone conversations with men who identified themselves as a doctor and priest at the hospital where Kennedy was taken, and a colleague's conversation with the hospital's chief of staff.

anchor a Nov. 16 special that traces CBS' coverage that day.

CBS' announcement of Schieffer's special said "viewers are in the moment with legendary anchor Walter Cronkite and journalism's iconic reporters: Charles Collingwood, Harry Reasoner, Charles Kuralt and

Mike Wallace." All of those men are now dead.

"Setting my feelings aside about it, this is not a good idea to say we want to change the historical record so we're going to airbrush this guy out because we don't like him," Rather said.

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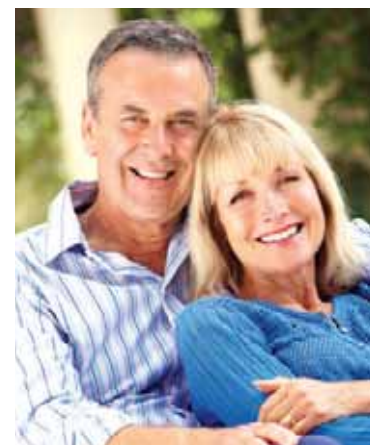
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Eminem. ALL PHOTOS GETTY IMAGES

Eminem on the defensive once again

Eminem is taking fire for still using homophobic terms in his lyrics on his latest album, so he's doing his best to explain himself.

"That word, those kinds of words, when I came up battle-rapping or whatever, I never really equated those words" to actually meaning gay, he tells Rolling Stone.

"It was more like calling someone a bitch or a punk."

The 41-year-old rapper insists it's all in good fun and people know how he really

feels.

"I say so much s— that's tongue-in-cheek," he says of the lyrics.

"But the real me sitting here right now talking to you has no issues with gay, straight, transgender at all. I'm glad we live in a time where it's really starting to feel like people can live their lives and express themselves. And I don't know how else to say this; I still look at myself the same way that I did when I was battling and broke."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



No, it's just a gentleman's club, guys... with bed sheets

So apparently that Brazilian brothel Justin Bieber hung out at over the weekend wasn't exactly a brothel per se, according to some sources that are trying to help salvage the 19-year-old pop star's reputation.

Centauros is more like "an old-fashioned gentleman's club," a source tells E! News.

"For what it is, it is high

end and it's not cheap to get in there. There is an entrance fee. Playboy-types go there and local businessmen and tourists."

Of course, that doesn't quite explain why the establishment would have bed sheets bearing its logo on hand — one of which Bieber hid under as he was rushed out of the building.

And as for the two women from the club who left with Bieber?

"The girls that work there — some have clothes on and some kind of don't," the source explains. "They are all in there to make money. They don't work for the club."



Drew Barrymore

Drew Barrymore's on her way to being a Griswold

Drew Barrymore wasn't kidding last month when she told Jay Leno that she and husband Will Kopelman are ready to try for a second baby. The actress' rep confirmed to E! News that Barrymore is once again pregnant. Her first child,

daughter Olive, was born in September of last year.

"I grew up as an only child," she told Leno last month. "That really works for some people, and for some parents that's the way they want to do it. I want to be the Griswolds."



Miley Cyrus

Miley Cyrus mocks In Touch magazine

Miley Cyrus is clearly taking all the tabloid attention she's been receiving in stride. In Touch magazine published an extensive cover story on the singer with a giant head-

line, "Miley finally admits: I need help!"

So what was Cyrus' response? She made the magazine cover her profile picture on Twitter.

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The lost link to golf heaven

Bermuda. Island's plethora of renowned courses attract players from around the world



BRIAN KENDALL
canadiangolft traveller.com

Bermuda is renowned for its pink sand beaches, turquoise waters and refined atmosphere. Just as unforgettable are Mid Ocean, Port Royal and the other golf courses on an island of almost celestial beauty.

"You go to heaven if you want to," Mark Twain famously said of Bermuda. "I'd rather stay here."

Founded in 1609 by survivors of a British shipwreck, Bermuda has long enjoyed a reputation as one of the most beautiful places on Earth. Sailboats and luxury yachts dot the harbour at Hamilton, the bustling capital, where colonial-style houses topped by stepped roofs to collect rainwater are painted in a palette of pastel colours. Oleander, frangipani, bougainvillea and hibiscus scent the warm breezes of the Gulf Stream.

High season in Bermuda, located roughly 1,000 kilometres east of the North Carolina coastline, runs from April through October. But many Canadians visit during the sub-tropical island's more temperate winter months, when daytime highs average just below 20 C, room rates are reduced, and tee times at top courses are readily available.

Though just 54 square kilometres in size, Bermuda is remarkably rich in world-class golf courses. The sport has been a major tourist draw since the



Port Royal's signature 16th hole is a par three clinging to a cliff high above Whale Bay. PHOTOS: MARKETING BERMUDA



Breathtaking ocean views will help you forget your double bogeys.

early 1920s, when Riddell's Bay Golf and Country Club opened on a narrow peninsula thrusting into the turquoise waters of the Great Sound. The tight fairways and small greens of architect Devereux Emmet's 5,713-yard layout offer ample challenge, especially when winds gust off the Atlantic.

A few kilometres north of Riddell's Bay is Mid Ocean Club, a superb Charles Blair Macdon-

ald design that has symbolized Bermuda golf since opening shortly after the launch of Riddell's Bay.

Mid Ocean is where Bermuda's elite take their divots. Billionaire Ross Perot and New York's Michael Bloomberg own houses in the rolling hills overlooking the golf course. Another member, movie star Michael Douglas, became a local hero in the aftermath of

hurricane Fabian in 2003 when he used his private jet to deliver chain saws and generators, then stayed for a week to help in the cleanup.

Remodelled with good judgment by the great Robert Trent Jones Sr. in 1953, Mid Ocean offers risk-and-reward golf at its best as it winds 6,520 yards through rolling inland countryside before ending dramatically with a par four that skirts the bluffs overlooking the sea.

At Mid Ocean's daunting 433-yard par-four fifth, where the fairway bends around a lake that is widest on the direct line to the green, Babe Ruth once put a dozen balls in the water before hitting a home run.

Two other popular and challenging layouts are Tucker's Point Club, a hilly Roger Rulewich redesign that is the centrepiece of a posh resort community featuring Tucker's Point Hotel and Spa; and Belmont Hills Golf Course, a remodelled 6,017-yard layout

After golf

- **Beaches.** Bermuda is renowned for its secluded and pristine pink sand beaches. Three of the best: Whale Bay, Astwood Cove and Jobson's Cove.
- **Snorkelling.** There are roughly 300 shipwrecks to explore in warm and clear waters offering reefs, underwater caves and a variety of marine life.

offering panoramic vistas of the Great Sound and Hamilton Harbour. Bermuda even boasts one of the world's top-ranked par-three courses, Turtle Hill Golf Club, an 18-hole, 2,962-yard beauty on the grounds of Bermuda's largest hotel, the towering pink 593-room Fairmont Southampton.

But the buzz these days is about the rejuvenated Port Royal Golf Course, which every October since 2009 has hosted the PGA Grand Slam of Golf, a made-for-TV exhibition featuring the winners of the year's four major championships.

Built in the 1960s by Trent Jones Sr. atop oceanside cliffs on the south shore, the government-owned course received a brilliant \$15-million revamp several years ago by Rulewich, who worked with Jones during the original construction.

Especially unforgettable is Port Royal's signature 16th, a staggeringly gorgeous wind-blown par three clinging to a cliff high above Whale Bay that stretches to a heroic length of 235 yards from the back tee.

Twain had it right. With golf holes like that, heaven can wait.



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Disney gets decadent in Hawaii

Aulani. With spas, cultural activities and plenty to keep the kids occupied, this is a dream spot for families

MAE BOWRING
life@metronews.ca

Sunsets that'll make you speechless and postcard-worthy palm trees await at Aulani: A Disney Resort & Spa, on the western shore of O'ahu. Open for two years, the Disney property recently underwent an expansion to keep up with the flood of tourists. But this isn't the Disney resort you know. It's luxury meets the beach and when you add a sprinkle of pixie dust, Aulani is a Canadian family's dream destination. Here are the top five things to see and do.

Find humuhumu

Get ready to see each colour of the rainbow and every



Is there a better place to take a nap than on a lounge chair by the ocean in Hawaii? CONTRIBUTED

shade in-between when you snorkel the Rainbow Reef. Hundreds of curious tropical fish will swim by your mask to show off their beauty and if you're lucky, you'll get a glimpse of the reef's one

and only humuhumu nuku-nuku apua'a. Hawaii's state fish, it looks like it's wearing bright blue lipstick and eye shadow.

Take a walk back in time

History and culture come to life through song and dance at the Starlit Hui. Uncle, what Hawaiians call an elder man out of respect, shares folklore while families make traditional

crafts and learn how to hula under the stars. Uncle reveals tales of the mythical Menehune over a campfire as well. They are said to help the good and play tricks on the bad, so tourists are reminded to always be on their best behaviour.

Freshwater heaven detox

Being rubbed with hot rocks and sticks wouldn't normally appeal, but the lomilomi massage at the co-ed Laniwai Spa erases all real-life stress. Guests can also indulge in the outdoor water therapies of plunge pools and rainfall showers or snooze on a lounge chair amongst lush vegetation and blossoming flowers native to Hawaii. It's easy to quiet the mind when you can't hear anything at all.

Aulani's non-stop fun

Everyone squeals a little racing down the mountaintop water slide. But after the big splash comes the best part — a tube ride down the lazy river — which boasts

the best view of the resort. Beach yoga or boot camp is a great way to work off all those mai tais and if the cerulean beach water doesn't call your name, the gorgeous infinity pools will. Want to make your own volcano and then blow it up? Sorry, that's only for kids during day programming at Aunty's Beach House.

Head for the North Shore

Hawaiian cuisine, sport and wildlife can be found on O'ahu's North Shore. An hour's drive from Aulani, you'll see fearless surfers catching waves and giant sea turtles coming ashore for a rest on Laniakea Beach. Bring your appetite, because the garlic shrimp at Giovanni's food truck, the Baja corn at Uncle Woody's and the rainbow shave ice from Matsumoto's are must-tries. Open for more than 60 years and made popular by surfers, the lineup for shave ice may extend down the street, but it's worth the wait.

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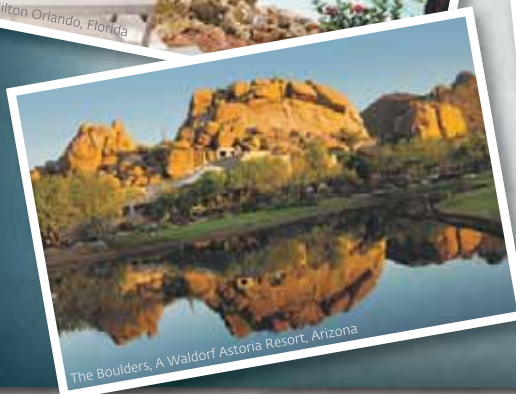
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Adventuring

Tips for your own epic global trek



ON THE MOVE
Loren Christie
life@metronews.ca

An around-the-world trip is something many of us dream of but the thought of planning it can be daunting.

The first step is acknowledging that it will be a lot of work. You're not just planning one holiday, you're planning 12 or 15 or 20 back to back and dealing with numerous flights, hotels, airport transfers, different currencies, languages and time zones.

You should count on being away for at least a couple of months and once you hit the road it's imperative to leave time every few days to stay on top of — and make changes to — your schedule. Plan an itinerary that

ensures you visit the spots you have always dreamed of seeing: the Great Wall of China, the Taj Mahal or the Great Barrier Reef.

However, make sure to leave room for some spontaneity in your trip. Once you're on the road, the reality of travelling could have you feeling differently about places.

Book holidays within the holiday. You'll need to give yourself a rest every now and then.

Don't feel bad that you're not exploring some hidden temple or touring a museum. Sometimes you just need to plant yourself in a beach chair with a drink in hand.

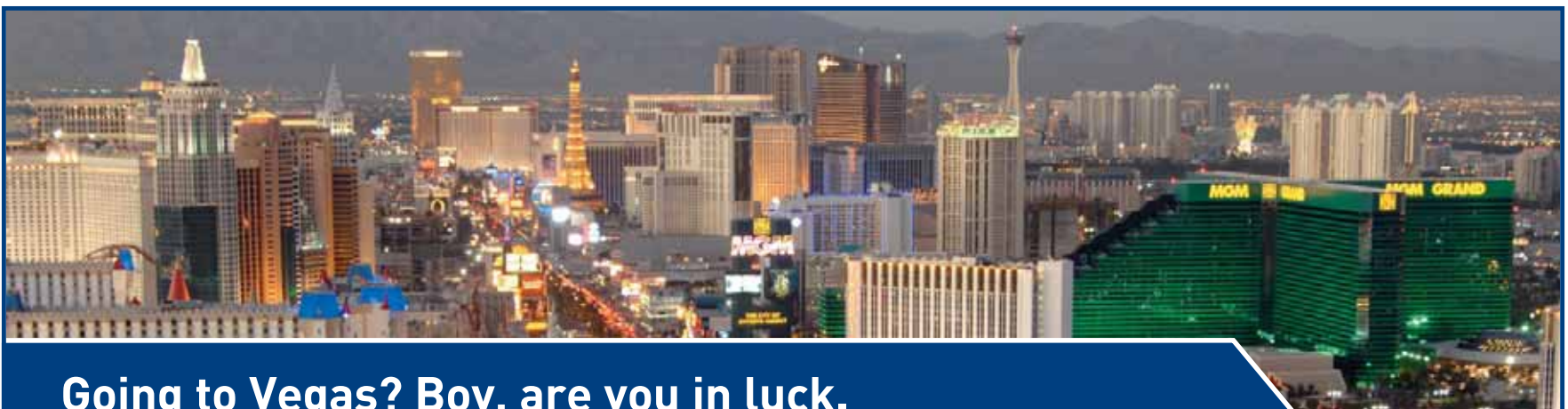
The more obscure the places you want to hit, the more expensive your ticket will likely be. Stopping in major hub cities like London, Sydney and Bangkok will keep the price of your plane ticket down. Purchase your ticket with an airline that is part of a larger alliance, like Air Canada and Star Alliance, which gives you the option to fly on more

than 25 airlines as part of your ticket. Remember that round-the-world plane tickets will keep you moving from east to west or vice-versa; you can't go backwards.

Pack light, but also pack what you like to wear. You're going to be wearing the same clothes again and again, through countless layovers, different climates and a variety of cultures. While shopping may be enticing, lugging around what you buy for weeks or months will quickly become cumbersome.

Don't be afraid to go alone. My friend @MSiddiqi is currently on month six of a solo trip and loving it. If you are travelling by yourself you will meet other people easier than if you were travelling with a companion. The opportunity to move at your own pace is an added bonus of travelling alone.

A round the world trip can be a costly, time-consuming endeavour, but the rewards are priceless.



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Move over pumpkins, it's orange's time to shine in the kitchen

Orange Pound Cake



This recipe serves 12. ROSE REISMAN



ROSE REISMAN
For more, visit
rosereisman.com or
follow her on twitter
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If you love pound cakes but don't want to add on the pounds, this is a perfect dessert or snack in the afternoon. The cream cheese gives the cake a creamy and buttery texture without the calories and the fat.

For the record, each serving contains 214 calories and 7.6 grams of fat.

1. Preheat oven to 350 F. Spray a 9- X 5-inch loaf pan with cooking spray.

Nutritional analysis

Per serving: 241 calories, 4.5 g protein, 7.6 g total fat, 1.9 saturated fat, 40 g carbohydrates, 42 mg cholesterol 42 mg

Ingredients

Cake

- 2 eggs
- 1 1/4 cups granulated sugar
- 1/4 cup orange juice
- 1/4 cup vegetable oil
- 2 oz light cream cheese, softened
- 1 tbsp grated orange rind
- 1 tbsp poppy seeds
- 1 2/3 cups all-purpose flour
- 1 1/2 tsp baking powder

- 1/2 tsp baking soda
- 2/3 cup low-fat sour cream

Icing

- 1 oz light cream cheese, softened
- 1/2 cup icing sugar
- 1 tbsp fresh orange juice

Garnish

- Poppy seeds and/or grated orange rind

2. To make cake: In a food processor or in a large bowl and using an electric mixer, beat eggs, sugar, orange juice, oil, cream cheese, orange rind, and poppy seeds until smooth. In another bowl, stir together flour, baking powder, and baking soda; into cream cheese mixture, alternately stir flour mixture and sour cream, making three additions of each. Pour into prepared pan.

3. Bake in the centre of oven for 45 to 50 minutes or until a tester inserted in centre of cake comes out clean. Remove from pan and cool completely on a wire rack.

4. To make icing: In a food processor or in a bowl and using an electric mixer, beat all icing ingredients together. Spread over top of cake. Garnish with poppy seeds and/or orange rind.

Drink of the Week

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 - 1/4 to 1/2 oz dry vermouth
 - Crushed ice
 - Olive, onion or a lemon twist
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 - Atomizer
 - Martini or rock glass
 - Condiment pick or zester (depending on selected garnish)

Use chilled martini or rock glass. Sparingly atomize inside of glass with the dry vermouth (less vermouth equals a martini that is more dry). Gently shake or stir Luksusowa Vodka with crushed ice in stainless steel shaker or glass pitcher. Immediately pour (straining out ice) into glass. Garnish with olive, onion or a lemon twist.

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Ingredients

Crust

- 1 cup (250 ml) graham cracker crumbs
- 2 tbsp (30 ml) butter or margarine, melted

Filling

- 2 pkgs (250 g each) light cream cheese, softened
- 1/2 cup (125 ml) granulated sugar

- 6 x 100 ml containers (about 2 cups/500 ml) Yoplait Yopa! Greek Yogurt – Mmmm Mango Tango
- 3 tbsp (45 ml) all-purpose flour
- 3 eggs
- 1 cup (250 ml) finely mashed mango (about 1 mango)
- Additional chopped mango for garnish

Dessert. Light Mango Cheesecake

Sweet, tropical mango flavours healthy enough for an everyday indulgence?

It's possible with this unique take on the classic cheesecake recipe.

1. Heat oven to 300 F (150 C). Line bottom of 9-inch (23 cm) spring form pan with parch-

ment paper or spray with non-stick cooking spray.

2. Combine crust ingredients and press into spring form pan. Bake 10 minutes. Cool on wire rack.

3. In medium bowl, beat cream cheese and sugar on

medium speed until light and fluffy, about 5 minutes. Add yogurt and flour and beat until smooth.

4. Add eggs one at a time and beat on low until blended.

5. Fold in mashed mango. Pour cheesecake into prepared pan.

6. Bake 1 hour or until centre is slightly jiggly. Turn off oven; let cool in oven 20 minutes with door closed.

7. Remove from oven; run knife around side of pan to loosen. Cool on wire rack 2 hours. Cover; refrigerate 4 hours. Carefully remove sides of pan.

8. Garnish with chopped mango. COURTESY YOPLAIT CANADA

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Tales of Twitter gone terribly awry

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The social media world has become more expansive, and more a part of our everyday routine, so it should be no wonder that it has seeped into our working life as well.

Social media can be a great platform for self or company promotion (think how vast your reach is on LinkedIn, Twitter, Facebook), but at the same time, it can spell demotions, suspensions and terminations.

A perusal of the news is a testament of the career-damaging potential of social media.



If you don't "like" the idea of being let go, then be careful what you cast out into the social sphere. ISTOCK

Real world examples

Ontario Hockey League

Take for example Joe Monette, an Ontario Hockey League referee, who was suspended for his online posts.

After officiating a game in Sault Ste Marie, Monette took to Twitter and tweeted the following: "Soo Saint Mari, two words, Slim Pickens. #noteeth #hicktown #allfats."

Not surprisingly, the resi-

dents of Sault Ste Marie did not appreciate the comment, and uproar quickly ensued.

In an attempt to quell the upset caused by his tweet, Monette subsequently tweeted: "My tweet last night was not meant to be offensive and was meant as a joke between myself and a buddy of mine that lives in the Soo. I apologize if I offended anybody."

The OHL was not satisfied

with Monette's blanket apology, and suspended him for the rest of the season and playoffs.

Mr. Big & Tall Menswear

Following the death of Amanda Todd, a 15-year-old British Columbia teen who took her own life after years of bullying, a Facebook memorial wall was created in her honour. Justin Hutchings of London, Ont., posted

a profane comment to that memorial wall, which suggested that he was glad the teen had taken her life.

Hutchings' employer, Mr. Big & Tall Menswear was readily identifiable on his Facebook account. Upon learning of the posting, the company immediately terminated Hutchings' employment. Kamy Scarlett, senior vice-president of store operations and corporate HR with the employer, commented that the termination was based on their "zero tolerance for the mistreatment of others no matter what form it takes."

Kent Police

Just outside of another city of London (this time in England), a teen named Paris Brown, who had recently been appointed the first youth police and crime commissioner for Kent, faced

similar outrage when her tweets were published in the local newspaper.

In that regard, Brown's tweets bragged about her drinking and drug use, criticized the local pizzeria employees for not speaking "proper English" and included various racist and homophobic comments.

While members of the British Parliament called for Brown's resignation, Brown defended herself by stating that the tweets were taken out of context and that she was "wildly exaggerating" on Twitter.

Despite Kent Police and Crime Commissioner Ann Barnes' supportive statement that Brown's tweets were not unlike the posts of many other teenagers on social media, Brown ultimately resigned.

These recent examples seem to contradict the con-

ventional wisdom that what employees do on their own time is their own business.

Regardless of whether or not an employee's online comments/conduct rises to the level of "just cause" for termination without notice and severance, it remains an employer's prerogative to proceed with a "not for cause" dismissal, and provide appropriate termination arrangements.

In other words, an ill-advised social media post may cost you your job regardless of whether or not it represents "just cause."

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Employment-related misconduct

What has emerged from recent cases is that employers can take the position that an employee's off-site and off-duty conduct online will constitute employment-related misconduct if:

- The employee's conduct harms the employer's reputation.

- The employee's conduct makes the employee unable to perform his/her duties satisfactorily.
- The employee's conduct leads to refusal, reluctance or inability of the other employees to work with him/her (think blogs/posts criticizing

coworkers!).

- The employee's conduct makes it difficult for the employer to properly carry out its function of managing its business and efficiently directing its workforce.

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Meet your first meeting head-on.

The three Ps of giving any new boardroom your personal best

MEGHAN GREAVES
TalentEgg.ca

One of the many new things you'll do when starting a new job is attend your very first meeting! Not a big deal, right?

Actually, good performance at meetings could make or

break your career. Here's how to excel in your first meeting.

Prepare

This might seem obvious, but "prepare" doesn't mean showing up to the meeting ready to take pages of notes. Be ready to do that, but also think about getting enough sleep the night before. You need to avoid being drowsy half way through. To maximize your staying power, pick an appropriate but comfortable outfit, eat at the right time so your tummy doesn't start grumbling and be well aware of the meeting's focus.

Be present

It's very important to show that you're both physically and mentally present during the meeting. Do this by:

- Listening and taking notes as necessary: Try to keep all of your questions until the end where there will likely be a question period. Your question might get answered in the meantime.
- Showing that you're interested: Even simply nodding your head when someone makes a good point or smiling at a creative idea shows that you're invested and interested in the

meeting.

Participate

During your first meeting you likely won't need to say much (phew!). This doesn't mean you need to stay silent though.

By communicating professionally (i.e. get your thoughts together before you speak), you can answer questions when addressed or make comments when appropriate. Remember: This is your first meeting, you don't want to ramble on and make yourself look unprofessional.

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What else can I do?

Here are a couple of other things to think about when preparing for your first meeting:

- If the meeting is likely to run long, it would be smart to bring in a beverage with you to keep hydrated like a coffee, tea, juice or water. This way if you get sleepy, hungry, or can't focus, you have something on hand to keep you attentive.
- Turn your cell phone off before the meeting starts.
- Be aware of your nervous habits and try to avoid doing them (i.e. tapping your pen on the table, tapping your feet, fidgeting etc.)
- Unless a lap top has been approved for the meeting, take notes with a pen and paper.



Have all of your materials prepared the day before to ensure you don't forget anything. iSTOCK



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Panthers centre Shawn Matthias crashes the crease of goalie Devan Dubnyk during the Oilers' 4-3 overtime win on Tuesday in Sunrise, Fla. JOEL AUERBACH/GETTY IMAGES

Oilers' outlook brighter in Sunrise

NHL. Arcobello scores pair versus Panthers, including overtime winner, to help lift Edmonton out of slump

There were a lot of firsts for the Edmonton Oilers on Tuesday night.

Mark Arcobello scored his first two goals in the NHL, the second in overtime, and the Oilers snapped a five-game losing

On Tuesday

4

Oilers

3

Panthers

streak with a 4-3 victory over the Florida Panthers.

Edmonton went on the power play after Florida's Scottie Upshall was called for tripping 32 seconds into the extra

period and Arcobello rifled a slap shot from the left circle that got past Florida goalie Jacob Markstrom 1:23 later.

"I just tried to hit the net," Arcobello said. "It just topped off a good night and we had a big win."

Taylor Fedun scored his first career goal and Philip Larsen also scored his first goal of the season for Edmonton. Devan Dubnyk made 20 saves. Ryan Nugent-Hopkins had two assists.

Upshall scored two third-period goals and Marcel Goc

also scored for the Panthers. Markstrom stopped 23 shots.

Florida has lost six straight and nine of its past 10.

Upshall tied the game with 57.6 seconds left on a slap shot from the left circle. His first goal came at 10:04 of the third when he took a pass from Jesse Winchester from the right circle to the high slot. His shot got past Dubnyk on the right side.

"It was nice to come back, but some mistakes and some errors on our part tonight cost us," Upshall said.

THE ASSOCIATED PRESS

Doping. Canada sets up anonymous snitch line

With the Sochi Winter Olympics fast approaching, overseers of Canada's elite athletes are hoping to avoid a post-podium national embarrassment.

In an effort to catch cheaters, the Canadian Centre for Ethics in Sport launched an anonymous snitch line Tuesday where athletes and others connected to sport can report allegations of doping.

Canadians want to be reassured that every effort is being made to prevent an embarrassing spectacle in Sochi,

Quoted

"We lived that once. We don't want to live it again."

Canadian Centre for Ethics in Sport president and CEO Paul Melia cited the bitter memory of the moment sprinter Ben Johnson was stripped of his Olympic gold medal after being disqualified for doping at the 1988 Summer Games.

centre president and CEO Paul Melia told a news conference in Ottawa. THE CANADIAN PRESS

NHL

Arnott hangs up skates for good

Jason Arnott has announced his retirement after playing 1,244 games in 18 NHL seasons.

Arnott was the No. 7 overall pick of the Oilers in 1993. He finished with 938 points (417 goals and 521 assists) having also played for the New Jersey Devils, Dallas Stars, Nashville Predators, Washington Capitals and St. Louis Blues.

Arnott had not played since the end of the 2011-12 season. THE CANADIAN PRESS

NHL. Ovechkin picks up where he left off for Caps

Alex Ovechkin returned from a shoulder injury to score his 11th and 12th goals of the season, and the Washington Capitals rode a second-period flurry to a 6-2 win over the New York Islanders on Tuesday night.

After being sidelined for two games, Ovechkin scored twice on the power play in a five-goal second period for the Capitals, who have won three straight and are above .500 for the first time this season (8-7). THE ASSOCIATED PRESS

NHL

Parise propels Wild past Flames

Zach Parise scored twice and Josh Harding continued his dominance in goal to lead the Minnesota Wild to a 5-1 win over the Calgary Flames on Tuesday night.

Harding stopped 24 of 25 shots to win his fifth straight start. He leads the NHL with a 1.10 goals-against average and .950 save percentage.

Parise put the Wild ahead 2-1 with a power-play goal at 6:28 of the second period. Ryan Suter passed to Parise at the edge of the crease, where he was stone-walled by Flames goalie Reto Berra. But the rebound bounced right back to Parise, who knocked it past the sprawled goaltender.

The Flames are midway through a four-game trip that began Sunday when Berra, making his NHL debut, beat the defending Stanley Cup champion Blackhawks 3-2 in overtime.

THE ASSOCIATED PRESS

NFL

Texans coach released from hospital after mini-stroke

Texans coach Gary Kubiak is out of the hospital after suffering what the team said was a mini-stroke, but there's no word on when he will resume coaching duties.

The team said the 52-year-old Kubiak suffered a transient ischemic attack at halftime of Sunday's loss to Indianapolis. He was released from hospital on Tuesday and is expected to make a full recovery.

THE ASSOCIATED PRESS



The Capitals' Nicklas Backstrom puts a shot on the Islanders' net against goalie Evgeni Nabokov
NICK WASS/THE ASSOCIATED PRESS

Heat stars sans Bosh prove too much for Raps

NBA. James, Wade combine for 55 points in Miami's 104-95 win over Toronto

With Chris Bosh back home on dad duty, the Miami Heat had to make do with the "Big Two."

LeBron James poured in a season-high 35 points, while Dwyane Wade added 20 to propel the Miami Heat to a 104-95 win over the Raptors on Tuesday, marking Miami's 12th consecutive victory over Toronto.

DeMar DeRozan had 21 points to top Toronto (2-2), while Jonas Valanciunas finished with 18 points



The Heat's LeBron James rises to the basket on Tuesday in Toronto.
FRANK GUNN/THE CANADIAN PRESS

and nine rebounds. Rudy Gay and Kyle Lowry scored 13 points apiece while Ter-

rence Ross added 11.

Bosh — the third piece of Miami's "Big Three" — didn't make the trip for the game that came a day after his wife, Adrienne, gave birth to their daughter Dylan Skye.

The former Raptors all-star, who spent seven seasons in Toronto, is averaging 19.8 points and 6.8 rebounds a night. But his absence was barely noticeable — save for the fact he wasn't there for fans to boo — as James and Wade more than carried the load. By the end of the third quarter, they were still the only Miami players to have reached double digits.

Ray Allen would finish with 14 points for Miami (3-2). **THE CANADIAN PRESS**

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	14	10	4	0	47	35	20
Toronto	15	10	5	0	48	36	20
Detroit	16	9	5	2	40	41	20
Boston	14	8	5	1	38	28	17
Montreal	16	8	7	1	43	34	17
Ottawa	15	5	6	4	46	48	14
Florida	15	3	8	4	31	53	10
Buffalo	16	2	13	1	26	49	5

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	15	11	4	0	48	33	22
Washington	15	8	7	0	50	42	16
NY Islanders	15	6	6	3	47	50	15
Carolina	15	5	7	3	29	45	13
NY Rangers	14	6	8	0	26	40	12
Columbus	14	5	9	0	34	40	10
New Jersey	14	3	7	4	26	42	10
Philadelphia	14	4	9	1	22	39	9

Tuesday's results

Dallas 3 Boston 2 (SO)
Ottawa 4 Columbus 1
Washington 6 NY Islanders 2
Edmonton 4 Florida 3 (OT)
St. Louis 3 Montreal 2 (SO)
Carolina 2 Philadelphia 1 (OT)
Minnesota 5 Calgary 1
Phoenix 3 Vancouver 2 (SO)
Buffalo at San Jose

MLS PLAYOFFS

CONFERENCE SEMIFINALS

EASTERN CONFERENCE

NEW YORK VS. HOUSTON

Sunday's result

Leg 1 — New York 2 Houston 2
Wednesday's game — All Times Eastern
Leg 2 — Houston at New York, 8 p.m.

SPORTING KC VS. NEW ENGLAND

Saturday's result

Leg 1 — New England 2 Sporting KC 1
Wednesday's game
Leg 2 — New England at Sporting KC, 9 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Colorado	13	12	1	0	42	19	24
Chicago	15	9	2	4	52	42	22
Minnesota	16	9	4	3	43	35	21
St. Louis	13	9	2	2	47	31	20
Nashville	14	7	5	2	31	40	16
Dallas	15	7	6	2	40	44	16
Winnipeg	16	6	8	2	39	47	14

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	16	12	3	1	52	40	25
Phoenix	16	11	3	2	54	48	24
San Jose	14	10	1	3	53	27	23
Vancouver	17	10	5	2	48	44	22
Los Angeles	15	9	6	0	43	40	18
Calgary	15	6	7	2	43	54	14
Edmonton	16	4	10	2	40	62	10

Note: Two points for a win, one point for overtime loss.

Monday's results

Anaheim 2 NY Rangers 1
Winnipeg 4 Detroit 2

Sunday's results

Dallas 4 Ottawa 3 (SO)
Calgary 3 Chicago 2 (OT)
Minnesota 4 New Jersey 0
Wednesday's games — All Times Eastern
Pittsburgh at NY Rangers, 7:30 p.m.
Winnipeg at Chicago, 8 p.m.
Nashville at Colorado, 9:30 p.m.
Phoenix at Anaheim, 10 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Indiana	4	0	1.000	—
Philadelphia	3	1	.750	1
Miami	3	2	.600	1 1/2
Toronto	2	2	.500	2
Charlotte	2	2	.500	2
Orlando	2	2	.500	2
Cleveland	2	2	.500	2
Detroit	2	2	.500	2
Brooklyn	2	2	.500	2
Chicago	1	2	.333	2 1/2
Atlanta	1	2	.333	2 1/2
Milwaukee	1	2	.333	2 1/2
New York	1	3	.250	3
Washington	0	3	.000	3 1/2
Boston	0	4	.000	4

WESTERN CONFERENCE

	W	L	Pct	GB
L.A. Clippers	3	1	.750	—
Houston	3	1	.750	—
Phoenix	3	1	.750	—
Minnesota	3	1	.750	—
Golden State	3	1	.750	—
San Antonio	3	1	.750	—
Dallas	3	1	.750	—
Oklahoma City	2	1	.667	1/2
Portland	2	1	.667	1/2
Memphis	2	2	.500	1
L.A. Lakers	2	3	.400	1 1/2
Sacramento	1	2	.333	1 1/2
New Orleans	1	3	.250	2
Denver	0	3	.000	2 1/2
Utah	0	4	.000	3

Tuesday's results

Miami 104 Toronto 95
Brooklyn 104 Utah 88
Charlotte 102 New York 97
Indiana 99 Detroit 91
Phoenix 104 New Orleans 98
Dallas 123 L.A. Lakers 104
San Antonio 102 Denver 94
Atlanta at Sacramento
Houston at Portland

CFL PLAYOFFS

DIVISION SEMIFINALS

EAST DIVISION

Sunday's game — All Times Eastern
Montreal vs. Hamilton (at Guelph, Ont.), 1 p.m.

WEST DIVISION

Sunday's game
B.C. at Saskatchewan, 4:30 p.m.
Byes: Toronto (East), Calgary (West)



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Forte SX shown[△]

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 CITY (M/T): 8.0L/100KM

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Sorento EX shown[△]

THE NEW 2014
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HWY (A/T): 7.1L/100KM
 CITY (A/T): 10.4L/100KM

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Rondo EX Luxury shown[△]

THE ALL-NEW 2014
RONDO

HWY (M/T): 6.2L/100KM
 CITY (M/T): 9.4L/100KM

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2014 Ram EcoDiesel



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Review. That thing got a Hemi engine? Nope. Something better

MALCOLM GUNN
wheelbasemedia.com

As light-duty pickup trucks go, the upgraded-for-2013 Chrysler-built Ram (né Dodge) is among the best in the business. It has to be to keep pace with the Ford F-150, General Motors' recently renewed Chevrolet Silverado and GMC Sierra, plus maintain its considerable lead over the Toyota Tundra and Nissan Titan.

For 2014, all three domestic pickups offer relatively stout base V6 engines — around the 300-horsepower mark — and impressive levels of fuel conservation. However Ram has taken what for many is the next logical step by adding a turbo-diesel (EcoDiesel in Ram-speak) to its V6 and V8 lineup.

Although a mainstay of the Ram's tougher HD mod-

els, there has been no turbo-diesel in the lighter 1500-series pickups. But the new EcoDiesel's timing is ideal since Nissan has a diesel in the works for the next-generation Titan pickup and GM is reportedly developing its own version for the Sierra/Silverado. As Chrysler proved years ago with the 1984 minivan launch, the first one over the wall risks getting bloodied, but also stands to gain a significant advantage over those who follow.

For the 1500-series application, Ram is using the same 3.0-litre turbo-diesel V6 that's optional in the Jeep Grand Cherokee. The engine, which originates from a company in Italy that's now 100 per cent Chrysler-Fiat-owned since former partner GM sold its share, produces 240 horsepower and 420 pound-feet of torque. The engine connects to an eight-speed automatic transmission, as does the 3.6 gas engine, while the V8 comes with a six-speed that can be swapped for the eight-speed.

The Ram EcoDiesel can

2014 Ram EcoDiesel

- **Type.** Two- /Four-door, front- / four-wheel-drive pickup truck
- **Engines (hp).** 3.0-litre DOHC V6, turbo-diesel (240)
- **Transmissions.** Eight-speed automatic
- **Base price (incl. destination)** \$33,500

Torque

For serious truckers it's torque that matters most and the EcoDiesel handily beats Ram's base 3.6-litre V6 with its 269-pound-feet and the optional 5.7-litre V8's 410 pound-feet. While the V8's peak torque is close, it comes much higher in the rev range than the diesel's.

Compare



1 Ford F-150
Base price: \$24,250



2 Chevrolet Silverado
Base price: \$27,950

Fuel economy

As for fuel economy, Chrysler isn't spilling the precise beans just yet, but based on the numbers earned by the Grand Cherokee, somewhere in the vicinity of 10.0 l/100 km in the city and 7.5 on the highway seems plausible. That would be an improvement compared to the base V6's 11.4/7.8 and the V8's

tow up to 7,200 pounds (3,270 kilograms), which is about the same as the 3.6 V6. The diesel can be added to nearly all of the Ram 1500's trim levels, cab configurations and rear- and four-wheel drivelines, from the near-base ST Quad Cab to the loaded-up Laramie Limited Crew Cab.

Only the base ST regular cab is omitted from the list. Of course there's nothing particularly "Eco" about the Ram 1500 EcoDiesel, or any other 2,700-kilogram brute that burns fossil fuel, but at

least the EcoDiesel is cleaner than diesels of old.

As is the case with other automakers' diesels, the Ram's exhaust is treated with a urea-based solution that chemically neutralizes the nasty stuff before exiting the tailpipe. That makes the engine clean enough to pass muster throughout every jurisdiction in North America, but it also means that the urea solution tank will require replenishment every 16,000 kilometres or so.

Fitting the turbo-diesel option to your Ram won't

be cheap. Expect \$3,000 over and above the price of a 5.7-litre V8, and about \$5,000 more than the base V6. That would peg the entry fee in the \$33,500 range, including destination charges.

There might not be much payback over the short haul, other than sheer torque, but Chrysler figures about 15 to 20 per cent of Ram customers — likely those who plan on racking up plenty of kilometres over many years — will find taking the EcoDiesel route too tempting to pass up.

5
DRIVE

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Introducing the Dodge Can'avan

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poverty awareness



AUTO PILOT
Mike Goetz
drive@metronews.ca

To the list of vehicles constructed over the years with wacky materials add the Dodge Can'avan, made entirely of approximately 30,000 cans of food.

Thirty volunteers built the van of can in about 10 hours at Toronto's Dundas Square last week. It stood on display for a few days, then was disassembled and donated to the

Daily Bread Food Bank. It's likely half-eaten by now.

The builders or “cangeneers” were local students, and members of Canstruction. The U.S.-based non-profit agency goes around the world organizing groups to create structures entirely out of canned goods, to help raise awareness of poverty and hunger issues, and to get math, science and

technology students pumped up about their futures in engineering, and in community service.

Chrysler thought it was a great way to help out, and to help celebrate the 30th anniversary of the Chrysler minivan, which debuted in 1983.

And like any vehicle made out of a "non-traditional" car-building material, Can'avan

is also a great subject for bad puns. Does Can'avan have any working doors? No, just a can opener. "Can" you actually drive it? No, you "can't." Plans for a production version have been "canned." Etcetera.

Building vehicle sculptures out of odd materials is almost an art form of sorts. Let's revisit a few famous ones...

million — lots more than a regular, full-scale \$400,000-plus Aventador. I can't afford either, but especially the solid gold one.

Ferrari of Lego

This creation is a full-scale model of Ferrari's 2011 Formula 1 racer. It took a team of 16 Lego experts six months to plan and assemble the hundreds of thousands of Lego bricks. The build time could have been cut down by a few weeks, but the team insisted on keeping to their mid-afternoon schedule of naptime, story time, and snacks.

Toyota of Ice

Artists carved a full-scale Toyota Land Cruiser, complete with interior, out of solid ice for a Russian winter festival. It was super slick, but when you used the defroster the whole windshield disappeared.

Bugatti of Cigarette Packs

Bugatti or Cigarette Packs?
Engineering students in China used 10,280 cigarette packs and eight months to build a replicable of a Bugatti Veyron. No time or space for a pun. Got to butt out.

Chevrolet of Cheese

Last year, when The American Dairy Association (ADA) sponsored Terry Labonte's NASCAR program, the ADA commissioned a full-scale "cheese" sculpture of Labonte's Chevrolet racer. Carved from 3,500 pounds of yellow cheddar, it held the title of "The World's Cheesiest Car," which really cheesed off a Gouda-based competitor, who thought the Chevy was not nearly Gouda enough.

Lamborghini of Gold

German car model maker, Robert Wilhelm Gulpen, carved a 1:18 scale model Lamborghini Aventador out of solid gold. Containing 25 kg (55 pounds) of the precious metal and lots of gemstones, the model is estimated to be worth several

[illegible]

The Dodge Can't even be half-eaten by now. CONTRIBUTED



The solid gold Lamborghini costs several million dollars. CONTRIBUTED

[illegible]

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The last ride

It's not always easy to contemplate, but death is a fact of life and we're all going to take that one last ride someday. Why not do it in style and put a smile on your loved-one's faces with an automotive-themed urn from Last Rides of Tucson, Ariz. The company will handcraft a personalized container featuring a exact scale replica of your (or your beloved's) favourite vehicle, be it a hot rod, muscle car, or any other car or motorcycle. That seems a lot better than some anonymous porcelain vase perched on the mantle. There is no set price for these memorials since each one is created to your exact specifications. The company has also recently added a line of upright-style memorial



Prevent the big bounce

Anyone who has had to trailer their rare/expensive hobby or racecar (or any vehicle, for that matter) lives in fear that their precious cargo could be damaged in transit. One way to reduce that possibility is with the Chassis Stabilizer from Mac's Tie Downs. This item consists of a sturdy rubber bladder that, once inflated by compressed air (up to 20 pounds per square inch) and strategically positioned beneath the vehicle, significantly reduces the severity of undulations due to uneven (or rough) road surfaces, thereby reducing the risk of damage. The Chassis Stabilizer sells for \$300 US and can be purchased directly from the manufacturer at macscustomtiedowns.com.



A must for gusts

Just because you installed a specially fitted cover over your prized ride, it doesn't mean it's now completely safe from the elements. A strong wind can cause the cover to flap in the breeze (causing paint damage), or even detach itself from your vehicle. One way to prevent this from happening is with a set of Gust Guards. Each set comes with four specially designed clamps that securely attach to each corner of the cover (that you supply) along with two bungee cords that attach underneath the body between the front and rear axles. There are 30-, 60- and 90-centimetre lengths available to fit covers for automobiles, motorcycles or other applications such as for bicycles, barbecues and picnic tables. Prices range from \$12- \$13 US per set from gustguard.com.



It's a dog's life

If your dog rides with you, chances are that Rover likes to stick his head out the window while taking in some fresh air and other intriguing scents. That isn't necessarily the safest activity for your pet, whether you're on the move or parked. The BreezeGuard from Muttmanagers keeps your dog safe behind a protective steel mesh screen that securely attaches inside the frame of your vehicle's door. And best of all you can still roll your windows up and down with the BreezeGuard in place. You can order a single BreezeGuard for \$115 US. Get all the details at muttmanagers.com



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AMVIC LICENSEES

Hey big spender: Going global takes a whole lot of green

Driving force.

Automakers spend big and research on a grand scale to see if we the consumer will buy a global model

JIL
MCINTOSH
drive@metronews.ca

While almost all automakers sell their cars and trucks in various markets around the world, not every model makes it into every market. It takes an enormous amount of research, time and money to determine which vehicles, or which engines or body configurations, should be brought to the Canadian market.

"We look at where we see trends going, such as a move toward smaller-displacement engines and improved fuel efficiency," says Matthew Wilson, product planning manager for BMW Canada. "Different markets have different demands for engines because of regulations and taxes."

Europe has emissions and crash-test standards that differ from North America's requirements, and it's very expensive to run vehicles through the tests required here, especially if changes have to be made to meet them. Because Canada is a relatively small market, automakers here tend to work

Importing factors

- **Money.** Global currency rates can affect importation decisions. If the originating country's currency is high, the car may be too expensive for the Canadian market.
- **Extra costs.** Adding accessories for North Americans, such as cupholders, or speedometers in miles and kilometres, increases the cost of importing vehicles.

Choosing carefully

"Different markets have different demands for engines because of regulations and taxes."

Matthew Wilson, product planning manager for BMW Canada

with their U.S. counterparts on models that will be sold in both countries, to get the volume needed to cover these costs.

Once a car meets the requirements, the company then has the expense of importing, stocking, and marketing it. If the vehicle won't sell enough copies to cover this, it isn't a viable candidate to import.

Wilson says that while the BMW 5 Series Touring station wagon is popular in overseas markets, it's no longer offered in Canada for this reason. "We used to have it, but the market is extremely small," he says. "We only had a potential 100 to 150 units per year in Canada, so we've opted not to bring it. The buyers (who want wagons) are vocal, as are those who like manual transmissions, but the volume potential is extremely small and doesn't justify the cost."

Diesel fuel is also a big question, since it's not yet as popular in North America as it is overseas. In Europe, some cars may offer as many as three different diesel engines, with only a single gasoline engine. "On the current-generation 3 Series, we have three gas engines but one diesel," Wilson says. "It's a smaller market here, where, as in Europe, diesels are 70 to 80 per cent of the market."

Automakers also have to look at how a new model will fit into the current lineup. One that's similar in size or price to an existing model could potentially take sales away from it or lose customers to it, reducing the sales volumes that each needs to cover the fixed costs of bringing it to the Canadian market.



Canadians love the BMW 5-Series wagon but not enough for BMW to import it. PHOTO: BMW

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Is this really someone's garage?

Autoknow. Because it looks like a place where stuff goes to die.

LISA CALVI
wheelbasemedia.com

Fall cleanup generally refers to raking leaves. If you could only find the rake. And your work gloves. Wow, what happened to the garage?

In one corner, an assortment of crap that Peter Walsh simply calls the "are-you-kidding-me?" pile. Across the way, there's a dateless stack of seasonal "stuff" apparently meant to celebrate the spirit of Christmas.

Walsh, the famous Clutter Buster from the Oprah Winfrey Show, is trying to develop a cleanup plan as he scans this jumbled mess that includes everything from pet carriers and sports equipment to 1970s music posters and cans of engine oil that may be older.



All those scraps of wood around the garage can be used to make shelving to get stuff off the floor. Or to get your old TV and audio gear out of the basement and into service.

Sound familiar?

Without detection, your garage has again transformed from an organized storage space into a purgatory for items that fit nowhere else. Walsh offers a simple and inexpensive three-step plan to help reclaim and organize your estranged garage space.

Step 1: Take full inventory and spare no prisoners.

Any garage makeover must start with what Walsh calls "clutter-cide," a test of separation anxiety that forces folks to let go of things "I might need someday." Every item goes in one of four piles: keep; sell; donate; or dumpster. The memories in the mess often



The Clutter isn't just an organizational problem. How many of you think there's no way that this classic Mustang will escape scratches with all this going on around it?

make this step difficult to get through, but keeping the sentiment out of the cleanup makes the garage a happier place.

Step 2: Mark your turf.

Obviously, adequate parking space is the top priority in most garages. But holiday decorations, gardening tools and sports gear are

also storage staples. To keep common items best organized, Walsh stressed that using tape or paint to divide the garage into specific storage "zones" makes certain that Santa isn't sharing his space with a common lawn gnome.

"When everything has a designated area," Walsh said, "you always know where it

belongs, which helps set limits on volume."

Step 3: Store with purpose.

This is the part of the process where inventory clearance and space management show desired results. Storing boxes vertically maximizes garage space and keeps property best organized. And Walsh stresses that plastic bins are the only way to store because they can be stacked, they are sturdy and they come in different colours and sizes for easy inventory recognition. Being liquid-proof also has its advantages in a garage setting. All bins should be colour-coded by contents (perhaps red for holiday), labelled and stacked where the most frequently used items are the most accessible. In a perfect garage, shelves are used for storage and nothing is kept on the floor, allowing for easy cleaning. If money is no object, garage makeover companies are popping up all over the Internet and elsewhere.

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Horoscopes

Aries

March 21 - April 20

By all means, think big but before you put your latest plan into effect, make sure there are no obvious holes in it. Even a minor error could hold you back, so check, double check, then check again to be safe.

Taurus

April 21 - May 21

Try not to take out your frustrations on friends. It's not their fault you can't seem to get your act together. The only way you are going to improve your mood is to ease up and stop expecting so much of yourself.

Gemini

May 22 - June 21

There is a rational explanation for everything that happens. Keep that in mind today and you'll do fine. However, just because there is an explanation does not mean you will find it. Maybe the time's not right.

Cancer

June 22 - July 23

You may not want to admit that a colleague's big idea is better than your own but everyone else can see it so you might as well accept the fact. It's OK.

Leo

July 24 - Aug. 23

You may think you have to cut back on essentials but that would be a false economy. Just because you take a step backward does not mean you will move forward any faster.

Virgo

Aug. 24 - Sept. 23

By all means, point the finger if you can prove who the guilty party is but if there are any doubts, you must keep your suspicions to yourself. It could be you have got the bad guys and good guys mixed up.

Libra

Sept. 24 - Oct. 23

What you say and do must be consistent or you'll leave yourself open to charges of hypocrisy. That applies on the work front, where colleagues will not be impressed if you fail to practice what you preach.

Scorpio

Oct. 24 - Nov. 22

You may regret having made certain decisions but there is no need to feel sorry for yourself. Nor is there any reason to change course. All roads lead to where you need to go, so just keep walking.

Sagittarius

Nov. 23 - Dec. 21

You want to tell others how you feel but for some reason, the words won't come. Maybe you should take the hint and keep your feelings to yourself, at least for now.

Capricorn

Dec. 22 - Jan. 20

Even a Cap takes a wrong turn sometimes so don't get angry with yourself if you have to retrace your steps today. The worst thing you can do is to blunder ahead regardless. There's a steep drop up ahead.

Aquarius

Jan. 21 - Feb. 19

What is painful in the short term may be beneficial in the long term, so don't give up on what you are doing yet. The more you have to work at something, the more likely it is you will master it.

Pisces

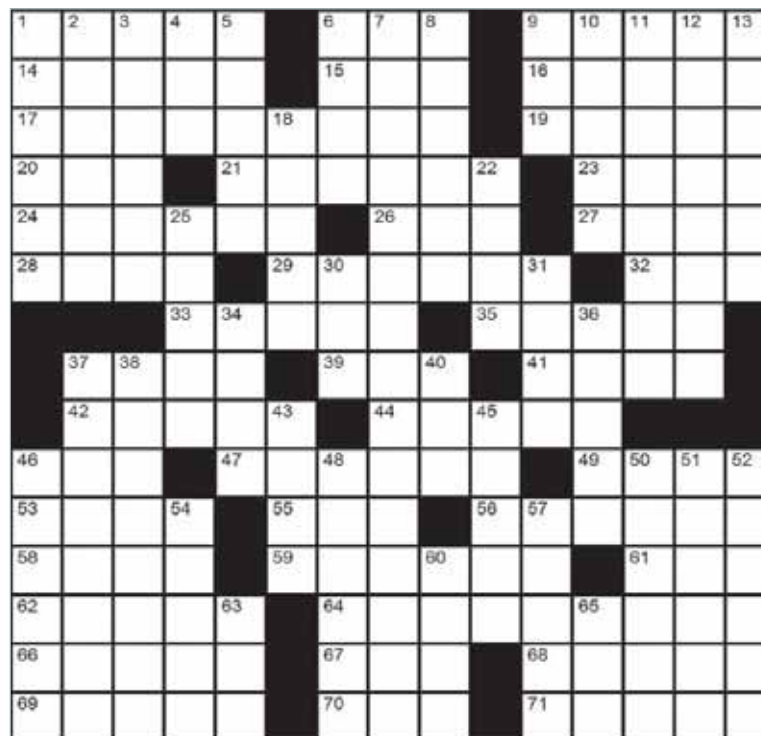
Feb. 20 - March 20

You may have to be economical with the truth today, especially if there is information you need to keep out of the hands of your rivals. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Do cartography work again
- Great Expectations character
- Capital of Senegal
- Gladden
- Record label for Elvis
- Mary J. of song
- Nova Scotia community, a name Beatles fans must love
- Armée du ___ = The Salvation Army
- Tree tool
- Indicate
- Nero's 1502
- Festive strands
- Hosp. area
- Tree trunk
- Formerly
- Rise
- "Waking ___ Devine" (1998)
- Butcher shop waste
- Succeed in life: 2 wds.
- Dynasty of ancient China
- ___ Mahal
- Songstress Ms. Simone
- "The Planets" composer: Gustav ___ (b.1874 - d.1934)
- More recent
- 'P' in MPH
- Quash
- Think, archaically
- Trompe l' ___ (Visual illusion)
- Mr. Cruise



- Stick to
- Rocker Mr. Osbourne
- Of service
- FOX cartoon, "American ___"
- Satellite of Saturn
- Ex-RCMP officer on "Dragons' Den", Jim ___

- Tennis great Ivan
- Sanctions
- Faint trace
- S s Ssss
- Clock setting in St. John's, commonly
- "Egads!"

Down

- "There's not

- anything to which you can't ___" - Alanis Morissette, "Everything"
- Magical potion
- Experts
- Lunched
- As such, Latin style: 2 wds.
- '70s music genre,

- ___Rock
- CN Tower and Parliament Buildings, for example: 2 wds.
- Princess' house
- Sound loudness units [abbr.]
- Gentle as ___
- Area of Winnipeg, West ___

- "The Voice" coach Christina
- Made the score even again
- Rice dish
- Breather's need
- Tavern chair
- SNL night, for short
- Finished
- Be a mother hen
- Colin of movies
- Canadian snacks
- Skylines
- 'Game' in Gaspe
- Dancer's dress
- "___ live in a yellow submarine..." - The Beatles
- Second smartest dog
- #64-Across' restaurant chain, ___ Pizza
- Stuff in a teacher's correcting pen: 2 wds.
- Juice source
- Some higher-heeled shoes
- "The Hollywood Squares" centre square occupant, Paul ___
- God
- Top
- Chicago trains
- IV + III's equivalent

Yesterday's Crossword

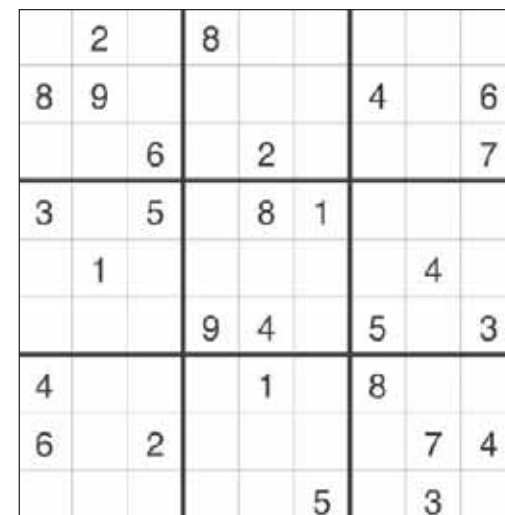


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY

THURSDAY

FRIDAY



MAX: 2°
MIN: -6°



MAX: 1°
MIN: 7°



MAX: -3°
MIN: -6°



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#09A3C50 2009 FORD RANGER S/C 4x4 \$13,988	#11A2067 2011 CHEVROLET 1500 CREW 4x4 \$19,988	#08A7395 2008 GMC 2500 CREW 4x4 LTZ \$20,988 LEATHER/SUNROOF	#10B0359 2010 FORD 1500 CREW 4x4 XLT \$20,988	#09T5990 2009 GMC YUKON 4x4 \$22,988 CUSTOM LEATHER/RIMS
#10B8936 2010 CHEVROLET AVALANCHE LTZ \$28,988 NAVIGATION/DVD/SUNROOF	#12B8125 2012 GMC 1500 CREW 4x4 SLE \$28,988 5.3L	#12B3377 2012 RAM 1500 CREW 4x4 \$32,988 LIFT WHEELS/GOTTA SEE IT	#10A2330 2010 FORD F150 HARLEY DAVIDSON \$33,988 NAV/SUNROOF	#13B4094 2013 RAM 1500 CREW 4x4 SPORT \$39,988 LEATHER/NAV
				#11B9400 2011 RAM 1500 CREW 4x4 SLT \$25,988 HEMI/20'S
				#12A3927 2012 GMC YUKON 4x4 \$40,988 SLT/LEATHER/SUNROOF

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ALLOY WHEELS, 7 TO CHOOSE!



#13B9148
2013 FORD FOCUS SE
\$15,988
ALLOY WHEELS/SYNC, 4 TO CHOOSE!



#12B4846
2012 DODGE GRAND CARAVAN
\$17,988
STOW N GO, 6 TO CHOOSE!



#13B6831
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\$23,988
ALLOY WHEELS/BACK UP CAMERA, 4 TO CHOOSE

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#13B0989 2013 JEEP GRAND CHEROKEE LAREDO 4WD \$27,988	#04T5099 2004 JEEP LIBERTY LIMITED \$5,988 MECH SPECIAL	#09T1423 2009 SATURN AURA XR \$9,988 V6/LEATHER/SUNROOF	#09T1446 2009 KIA RONDO EX \$10,988 LEATHER/SUNROOF	#07T2526 2007 DODGE NITRO AWD \$11,988 SUNROOF	#08T6197 2008 VOLVO C30 \$11,988 T5 TURBO	#08B4077 2008 DODGE GRAND CARAVAN \$11,988 STOW N GO	#11T1135 2011 SUZUKI SX4 JX AWD \$11,988	#10B6105 2010 KIA SOUL 4U \$12,988 SUNROOF/ALLOY WHEELS	#10A6644 2010 DODGE AVENGER RT \$13,988 V6/LEATHER
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#12B4801 2012 Chevrolet Tahoe LS 4wd \$28,988	#13A9841 2013 Ford Taurus AWD \$24,988 LEATHER/NAV/SUNROOF	#09B4456 2009 LEXUS RX350 \$26,988 NAVIGATION/SUNROOF/LEATHER	#12B0634 2012 HONDA CRV EX-L AWD \$26,988 LEATHER/SUNROOF	#10A1009 2010 BMW 135i \$27,988 TWIN TURBO	#13B1525 2013 NISSAN MURANO SL AWD \$28,988	#12A2469 2012 GMC ACADIA AWD SLE \$30,988 LEATHER/PANORAMIC SUNROOF	#09B9713 2009 MERCEDES BENZ ML350 \$33,988 NAVIGATION/SUNROOF	#13B2609 2013 FORD EXPLORER AWD \$35,988 LEATHER/NAV/PANORAMIC SUNROOF	#13B0483 2013 NISSAN 370Z ROADSTER \$39,988 SPORT/PREMIUM PKG



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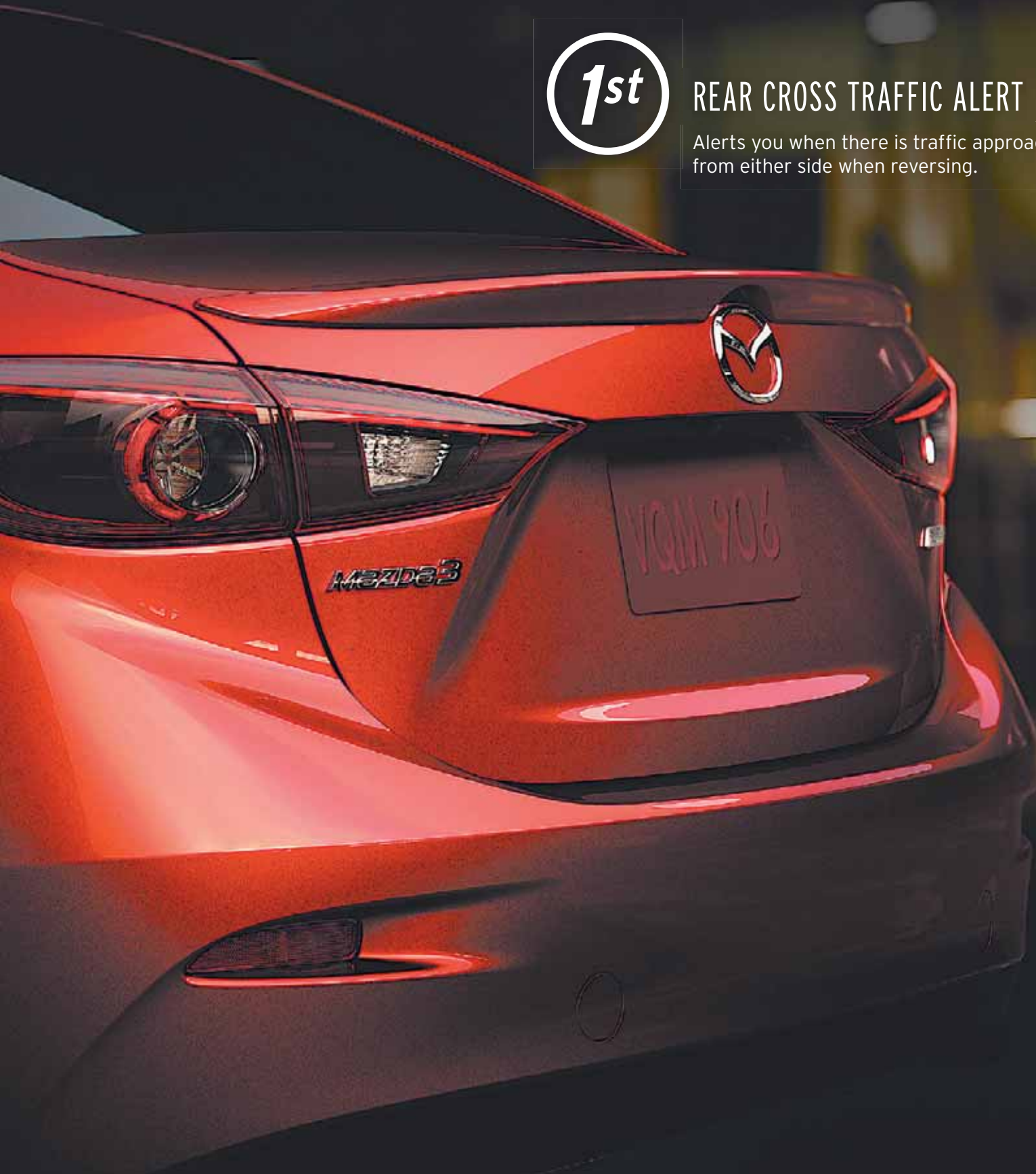


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GT model with Technology Package shown. Fully Loaded with Firsts refers to the fact that the listed features are available on the all-new 2014 Mazda3 for the first time ever. Certain features available only on 2014 Mazda3 GS & GT models.
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